Math Worksheets

Reference Measurement

LENGTH

Customary

1 mile (mi) = 1,760 yards (yd)

1 yard (yd) = 3 feet (ft)

1 foot (ft) = 12 inches (in.)

VOLUME AND CAPACITY

Customary

1 gallon (gal) = 4 quarts (qt)

1 quart (qt) = 2 pints (pt.)

1 pint (pt.) = 2 cups (c)

1 cup (c) = 8 fluid ounces (Fl oz)

WEIGHT AND MASS

Customary

1 ton (T) = 2,000 pounds (lb.)

1 pound (lb.) = 16 ounces (oz)

Time

1 year = 12 months

1 year = 52 weeks

1 week = 7 days

1 day = 24 hours

1 hour = 60 minutes

1 minute = 60 seconds

Metric

1 kilometer (km) = 1,000 meters (m)

1 meter (m) = 100 centimeters (cm)

1 centimeter(cm)= 10 millimeters(mm)

Metric

1 liter (L) = 1,000 milliliters (mL)

Metric

1 kilogram (kg) = 1,000 grams (g)

 $1 \operatorname{gram}(g) = 1,000 \operatorname{milligrams}(mg)$